

The Augsburg Confession of 1530

Article XV: Church Ceremonies

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❖ “Our churches teach that ceremonies ought to be observed that may be observed without sin. Also, ceremonies and other practices that are profitable for tranquility and good order in the Church (in particular, holy days, festivals, and the like) ought to be observed....”

Article XV: Church Ceremonies

- ❖ Yet, the people are taught that consciences are not to be burdened as though observing such things was necessary for salvation [Colossians 2:16–17].

Colossians 2:16-17

✚ **Colossians 2:16-17** “Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. These are a shadow of the things that were to come; the reality, however, is found in Christ.”

"Fasting" doesn't mean eating fast food!



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Article XV: Church Ceremonies

- ❖ They are also taught that human traditions instituted to make atonement with God, to merit grace, and to make satisfaction for sins are opposed to the Gospel and the doctrine of faith.

Article XV: Church Ceremonies

❖⁴ So vows and traditions concerning meats and days, and so forth, instituted to merit grace and to make satisfaction for sins, are useless and contrary to the Gospel.

Code of Canon Law, Book IV: Function of the Church, Part III: of Penance

- * Can. 1249 The divine law binds all the Christian faithful to do penance each in his or her own way. In order for all to be united among themselves by some common observance of penance, however, penitential days are prescribed on which the Christian faithful devote themselves in a special way to prayer, perform works of piety and charity, and deny themselves by fulfilling their own obligations more faithfully and especially by observing fast and abstinence, according to the norm of the following canons.
- * Can. 1250 The penitential days and times in the universal Church are every Friday of the whole year and the season of Lent.
- * Can. 1251 Abstinence from meat, or from some other food as determined by the Episcopal Conference, is to be observed on all Fridays, unless a solemnity should fall on a Friday. Abstinence and fasting are to be observed on Ash Wednesday and Good Friday.

LET THE HUNGER GAMES BEGIN



MAY THE ODDS EVER BE IN YOUR FAVOR

1 Timothy 4:1-3

✝ **1 Timothy 4:1-3** “The Spirit clearly says that in later times some will abandon the faith and follow deceiving spirits and things taught by demons. Such teachings come through hypocritical liars, whose consciences have been seared as with a hot iron. They forbid people to marry and order them to abstain from certain foods, which God created to be received with thanksgiving by those who believe and who know the truth.”